

**Junaluskans General Meeting
Harrell Center Auditorium
October 1, 2025**

Jan Lemasters called the meeting to order at 10:03 a.m.

Opening Prayer - Rev. Patricia Parrish offered the opening prayer.

Vice-President Gary Phillips assumed presiding responsibilities as Jan Lemasters has a broken foot.

Caring and Sharing – Please check this month's Lake News and Views for concerns.

Birthdays, anniversaries and first-time attendees Larry Roberts recognized first-time attendees: Cheryl Diamond. October birthdays and anniversaries were recognized.

Committees

Scholarships – Gary Phillips reported we have provided 11 scholarships for \$1000 each this year. He introduced Katelyn Houston, one recipient, who spoke briefly about her interests.

Christmas Decorations – Steve Crites and Harold Lein are coordinating this year's decoration the second week of November. Team leaders should be contacting members about specific dates. A signup list was available in the back of the room for those who want to participate but are not on a team.

Fellowship Groups – Susan Folds reported that there are openings in Fellowship Groups for anyone who wants to join a monthly group. Most groups meet for lunch at local restaurants.

Events

Volunteer Invasive Tree Sapling Removal on Wednesday, October 22. Ten people have signed up already.

Hymn Sing on Thursday, October 23, at 6:30 p.m., in the Memorial Chapel.

Soup Potluck with Halloween costumes on Tuesday, October 28 noon at York Dining Commons. Bring soup, bread, or desserts. Drinks will be furnished. A signup sheet is in the back of the room.

Chapel Cleanup on Thursday, November 6.

Updates from Junior Woody

- Junior shared that Ken Howle cannot be here today because he has tested positive for COVID.
- The grounds team is at work sprucing up the grounds for the fall season.
- NCDOT update. The entrance at the Welcome Center (stoplight installation) work should begin the week after Thanksgiving. Crosswalks also at the same time.
- Terrace will be closed week of November 17 for maintenance.
- Sunday brunch is returning on October 19 at the York Dining Hall.

Guest Speaker– Andrea Robbins, director of marketing and communications, for regional hospitals, spoke briefly and introduced the guest speaker, Dr. Allison Johnson, Haywood Regional Hospital, a surgeon and chief of staff. Dr. Johnson presented a slide show on cancer care at Haywood Regional Medical Center. Breast cancer is most common in women; prostate cancer in men. Second for both women and men is lung cancer. Third is colon for both genders. The death rates for cancers are highest with lung cancer, followed by breast, prostate, and colon. Steady decline in breast cancer and colorectal deaths since 1990; targeted treatments have been developed for these. At Haywood, breast, prostate, colon, skin, bladder are treated. 5 pillars of treatment: surgery, radiotherapy, chemotherapy, targeted therapy (hormonal), immunotherapy (Keytruda, e.g.). She went into detail about breast cancer, colon cancer, and skin cancer treatments. Screening is available for breast, prostate, and colon cancers. She recommended annual mammograms and PSA; prostate exam annually if family history; colonoscopy every 5-10 years depending on presence of polyps. Routine dermatology exams if sun damage or family history. For smokers, annual CT scan for lung cancer. Consider genetic testing if significant family history of cancer. She took several questions.

Andrea Robbins provided contact information.

The meeting adjourned at 11:01.

Respectfully submitted,

Jeffrey Mickle,

Recording Secretary